

# DISCUSSION GUIDE FOR Do Mommies Ever Sleep?

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- ★ What is your favorite part of the story?
- ★ Why does the baby think Mommy never sleeps?
- ★ What question would you want to ask the baby? The mommy?
- ★ How is your bedtime routine the same as the baby's bedtime routine with Mommy? How is it different?
- ★ Do you think mommies ever sleep? Why or why not?