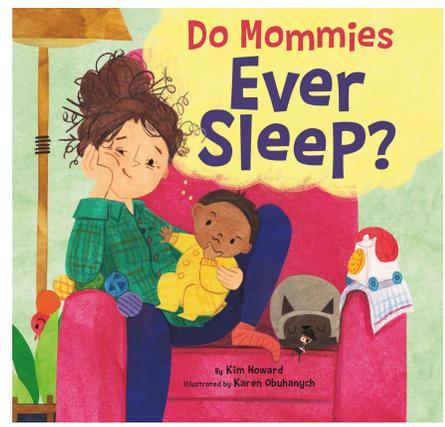


Name: _____

DAILY ROUTINES

In *Do Mommies Ever Sleep?* a baby thinks his mom never sleeps and tries to help her get ready for bed. What do you do to get ready?

Cut out the actions below and glue them in the correct box to show what you do in the morning, at bedtime, and what you do in both the morning and at bedtime.



Morning
Routine

Both
Routines

Bedtime
Routine



Wake up

Take a bath/shower

Have a drink of water

Comb hair

Read/listen to a story

Brush teeth

Get dressed for the day

Eat breakfast

Put on pajamas

Get in bed & sleep

